

Summer Menu 3

July 22nd - July 28th, 2024

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26	SATURDAY 27	SUNDAY 28
<p>Toast Milk, Coffee, Juice, Tea Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice, Tea Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Bacon Prunes</p>	<p>Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Waffles, Strawberry Sauce Prunes</p>	<p>Toast Milk, Coffee, Juice, Tea Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Scrambled Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Poached Eggs Ham Prunes</p>	<p>Toast Milk, Coffee, Juice, Tea Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Hard Boiled Eggs Prunes</p>
<p>Dill Pickle Soup (GF)  Crispy Chicken Burger Caramelized Onion, Garlic Mayo Pickle, Lettuce Sweet Potato Fries ...or...  MKC Cold Plate  Ice Cream</p>	<p>Tomato Basil (GF-DF)  3 Cheese Grilled Cheese Mozza, Swiss &amp; Cheddar Potato Salad  ...or...  Carrot Poutine Feta, Creamy Verde, Carrot "Fries"  Cream Puffs</p>	<p>Chicken Vegetable (GF-DF)  Sloppy Joe Sandwich French Fries  ...or...  Egg Salad Sandwich  Mandarins &amp; Whip Cream</p>	<p>Christmas In July!!!  Roast Turkey Sage Stuffing Mashed Rutabaga Mashed Potato Turkey Gravy Cranberry Sauce  Christmas Pudding</p>	<p>Roasted Parsnip (GF-DF)  Pizza Sub Salami, Pepperoni, Red Onion Mozzarella, Pizza Sauce Carrot &amp; Celery Sticks ...or...  MKC Cold Plate  Fruit Cocktail</p>	<p>Mexican Bean (GF-DF)  Grilled Cinnamon Buns Fresh Strawberries Cottage Cheese  ...or...  Tuna Salad Sandwich  Coffee Cake</p>	<p>Vegetable Rice (GF-DF)  Chicken Strips Onion Rings Honey Dill Sauce Coleslaw ...or...  MKC Cold Plate  Jell-O</p>
<p>Beef Lasagna Garlic Toast Side Salad Gluten Free Pasta Available  ...or...  Warm Spinach Salad Red Onion, Cucumber, Walnut Shredded Carrot, Hard Boiled Egg Warm Bacon Dijon Dressing  Roll, Tomato Juice  Chef's Choice</p>	<p>Braised Honey Garlic Pork (GF-DF) Steamed Broccoli Vegetable Chow Mein Gluten Free Pork Available  ...or...  French Toast Whip Cream Maple Sausages  Roll, Tomato Juice  Tropical Mousse Cake</p>	<p>Oven Roasted Chicken Breast (GF-DF) Dill Honey Carrots Roasted Potato  ...or...  Baked Crustless Quiche Tomato, Leek &amp; Mozzarella Side Salad  Roll, Tomato Juice  Strawberry Shortcake</p>	<p>Split Pea &amp; Ham Soup (GF-DF)  Potato Cheddar Perogies Farmers Sausage Fried Onions Sour Cream  ...or...  Toasted Bagel Cream Cheese Tomato &amp; Cucumber Garlic Coil Slices  Peanut Butter Pie</p>	<p>Potato Crusted Cod (DF) Green Beans Long Grain Rice Gluten Free Fish Available  ...or...  Cabbage Rolls Green Beans Long Grain Rice  Roll, Tomato Juice  Raspberry Mousse Cake</p>	<p>Beef Stroganoff (GF) Mushroom Gravy Mashed Potato Peas &amp; Carrots  ...or...  Turkey Chili Garlic Breadstick  Roll, Tomato Juice  Apple Crisp</p>	<p>Apple Brined Pork Loin Corn On The Cob Oven Roasted Potato Apple Sauce  Roll, Tomato Juice  Blueberry Pie</p>

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.
- Menus may be changed due to product availability and shortages which are out of our control.