

Summer Menu 4 (2)

September 2nd - September 8th, 2023

MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7	SUNDAY 8
<p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Ham Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Raisin Bread Toast Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Scrambled Eggs Sausage Patties Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Hard Boiled Eggs Prunes</p>
<p><b>Creamy Mushroom (GF)</b></p> <p>Turkey Burger Lettuce, Tomato, Red Onion Tartar Sauce French Fries ...or...</p> <p>MKC Cold Plate</p> <p>Ice Cream</p>	<p><b>Tomato Vegetable (GF-DF)</b></p> <p>Grilled Reuben Sandwich Dill Pickle Pasta Salad ...or...</p> <p>Cream Cheese &amp; Cherry Sandwich</p> <p>Cookies</p>	<p><b>Beef Barley (DF)</b></p> <p>Waldorf Chicken Salad Lettuce, Spinach, Apple, Walnut Chicken, Grapes, Celery Poppyseed Dressing ...or...</p> <p>MKC Cold Plate</p> <p>Blueberries &amp; Cream</p>	<p><b>Borscht (GF-DF)</b></p> <p>Tomato &amp; Cheddar Benedict Tomato, Cheddar, Hollandaise English Muffin Hashbrowns ...or...</p> <p>Tuna Salad Sandwich</p> <p>Pudding</p>	<p><b>Sausage and Cabbage (GF-DF)</b></p> <p>BBQ Veggie Flatbread Red Pepper, Caramelized Onion BBQ Sauce, Broccoli, Mozza Carrot &amp; Celery Sticks ...or...</p> <p>MKC Cold Plate</p> <p>Jell-O</p>	<p><b>Creamy Potato (GF)</b></p> <p>Hot Dog Sweet Potato Fries Oil &amp; Vinegar Coleslaw ...or...</p> <p>Egg Salad Sandwich</p> <p>Fresh Fruit Salad</p>	<p><b>Lemon Chicken &amp; Rice (GF-DF)</b></p> <p>Denver Quiche Ham, Green Onion, Cheddar Side Tossed Salad ...or...</p> <p>MKC Cold Plate</p> <p>Butter Tart</p>
<p>Baked Mac &amp; Cheese Garlic Breadstick Side Salad ...or...</p> <p>Chef's Salad Cucumber, Egg, Mozza, Carrot Bacon, Tomato, Avocado Garlic Breadstick Choice Of Dressing</p> <p>Roll, Tomato Juice</p> <p>Chef's Choice</p>	<p><b>Apricot Chicken (GF-DF)</b></p> <p>Steamed Broccoli Baked Potato Sour Cream ...or...</p> <p>Banana Pancakes Fresh Sliced Banana Whip Cream Breakfast Sausage</p> <p>Roll, Tomato Juice</p> <p>Fresh Fruit Tart</p>	<p>German Pork Stew Roasted Carrots Boiled Potato Applesauce ...or...</p> <p>Shrimp Caesar Salad Baby Shrimp, Crouton, Lettuce Bacon, Caesar Dressing Garlic Toast</p> <p>Roll, Tomato Juice</p> <p>Apple Crisp</p>	<p><b>Beef Bangers &amp; Mash (GF)</b></p> <p>Creamed Corn Mashed Potato Onion Gravy ...or...</p> <p>Pulled Pork Sandwich Coleslaw Dill Pickle</p> <p>Roll, Tomato Juice</p> <p>Cheesecake</p>	<p><b>Almond Crusted Sole (GF-DF)</b></p> <p>Green Peas Long Grain Rice ...or...</p> <p>Butter Chicken Green Peas Long Grain Rice</p> <p>Roll, Tomato Juice</p> <p>Steamed Lemon Pudding</p>	<p>Breaded Chicken Legs Roasted Brussel Sprouts Lemon Roasted Potato Gluten Free Chicken Available ...or...</p> <p>Greek Quinoa Bowl (GF-DF) Quinoa, Lettuce, Feta, Tomato Cucumber, Red Onion, Chickpeas Black Olives, Greek Dressing</p> <p>Roll, Tomato Juice</p> <p>Blueberry Panna Cotta</p>	<p>House Made Meatloaf Roasted Carrots Mashed Potato Onion Gravy ...or...</p> <p>Roll, Tomato Juice</p> <p>Peach Pie</p>

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.
- Menus may be changed due to product availability and shortages which are out of our control.