












Sunday Monday Tuesday Wednesday Thursday Friday Saturday

October 2024

<p>6</p> <p>1:30 Anglican Service, P.B.R. 1:30 Wii Bowling, Theatre 6:15 Canasta Games, C.R.</p> 	<p>7</p> <p>9:30 Exercise w/ Joan, C.R. 10:00 – 11:00 MKC Store 2:00 Bingo, C.R. 2:00 – 3:30 MKC Store 6:15 Canasta Games, C.R.</p>	<p>8</p> <p>9:45 Cardio & Weights, C.R. 10:00 Music w/ Ryan, Café 1:30 Therapy Dog, L.R. 2:00 Crafty Corner, P.B.R. 2:00 Drumming w/ Ryan, C.R. 6:15 – 8:30 Rummoli, C.R.</p>	<p>9</p> <p>9:30 Exercise w/ Joan, C.R. 9:45 Bible Study, P.B.R. 10:00 Needles & Hooks Club, S.R. 10:00 – 11:00 MKC Store 1:15 Cubii Exercise, C.R. 1:30 Ice Cream, C.R. 2:00 Spintopia, Theatre 2:00 – 3:00 MKC Store 6:15 – 8:30 Cribbage, C.R.</p> 	<p>10</p> <p>9:45 Brains & Balance, C.R. 10:00 Resident Meeting, D.R. 1:00 Bean Bag Toss, C.R. 1:15 Yoga, P.B.R. 1:30 Food for Thought, D.R. 2:00 Dominos, P.B.R. 2:30 – 3:30 Happy Hour, C.R. 6:15 Game Night, C.R. 7:00 – 8:00 Music w/ The German Band, D.R.</p>	<p>11</p> <p>9:30 Women's Coffee, P.B.R. 10:00 – 11:00 MKC Store 2:00 Treats, D.R. 2:00 – 3:30 MKC Store 6:15 Canasta Games, C.R.</p>  	<p>12</p> <p>9:30 – 10:30 Coloring, P.B.R. 1:30 Ice Cream, C.R. 1:30 Movie: <i>Whitney Houston: I Wanna Dance with Somebody</i>, Theatre (2h, 24m) 2:00 – 3:00 Afternoon Games, C.R. 6:15 Evening Games, C.R.</p> 
<p>13</p> <p>1:30 Spintopia, Theatre 1:30 Ice Cream, C.R. 2:30 Salvation Army Service, C.R. 6:15 Canasta Games, C.R.</p> <p>HAPPY <i>Thanksgiving</i></p>	<p>14</p> <p>THANKSGIVING DAY OFFICE IS CLOSED</p> <p>9:30 Exercise w/ Joan, C.R. 1:30 Popcorn Day, Front Desk 1:30 Movie: <i>Gigi & Nate</i> Theatre (1h, 54m) 2:00 Bingo, C.R. 6:15 Canasta Games, C.R.</p>	<p>15</p> <p>9:45 Cardio & Weights, C.R. 1:30 Therapy Dog, L.R. 2:00 Crafty Corner, P.B.R. 2:00 Drumming w/ Ryan, C.R. 2:00 Oktoberfest Birthday Bash, DR. 6:15 – 8:30 Rummoli, C.R.</p> 	<p>16</p> <p>9:30 Exercise w/ Joan, C.R. 9:45 Current Events, P.B.R. 10:00 Needles & Hooks Club, S.R. 10:00 – 11:00 MKC Store 1:15 Cubii Exercise, C.R. 2:00 Men's Shed, C.R. 2:00 Spintopia, Theatre 2:00 – 3:00 MKC Store 6:15 – 8:30 Cribbage, C.R.</p>	<p>17</p> <p>9:45 Brains & Balance, C.R. 1:00 Bean Bag Toss, C.R. 1:15 Yoga, P.B.R. 2:00 Dominos, P.B.R. 2:30 – 3:30 Happy Hour, C.R. 6:15 Game Night, C.R.</p>	<p>18</p> <p>10:00 – 11:00 Cardingo, C.R. 10:00 – 11:00 MKC Store 2:00 Music w/ The B-Side Apostles, D.R. 2:00 – 3:30 MKC Store 6:15 Canasta Games, C.R.</p>	<p>19</p> <p>9:30 – 10:30 Coloring, P.B.R. 2:00 – 3:00 Afternoon Games, C.R. 6:15 Evening Games, C.R.</p> 
<p>20</p> <p>1:30 Wii Bowling, Theatre 6:15 Canasta Games, C.R.</p> 	<p>21</p> <p>9:30 Exercise w/ Joan, C.R. 10:00 – 11:00 MKC Store 2:00 Bingo, C.R. 2:00 – 3:30 MKC Store 6:15 Canasta Games, C.R.</p>	<p>22</p> <p>9:45 Cardio & Weights, C.R. 10:00 Music w/ Ryan, Café 10:00 Cookie Decorating w/ Chef, Sign Up Required. P.B.R. 1:30 Therapy Dog, L.R. 2:00 Crafty Corner, P.B.R. 2:00 Drumming w/ Ryan, C.R. 6:15 – 8:30 Rummoli, C.R.</p>	<p>23</p> <p>9:30 Exercise w/ Joan, C.R. 9:45 Bible Study, P.B.R. 10:00 Needles & Hooks Club, L.R. 10:00 – 11:00 MKC Store 1:15 Cubii Exercise, C.R. 1:30 Ice Cream, C.R. 2:00 Spintopia, Theatre 2:00 – 3:00 MKC Store 6:15 – 8:30 Cribbage, C.R.</p> 	<p>24</p> <p>9:45 Brains & Balance, C.R. 1:00 Bean Bag Toss, C.R. 1:15 Yoga, P.B.R. 2:00 Dominos, P.B.R. 2:30 – 3:30 Happy Hour, C.R. 6:15 Game Night, C.R.</p>	<p>25</p> <p>9:30 Women's Coffee, P.B.R. 10:00 – 11:00 MKC Store 2:00 Music w/ Cal Wookey, D.R. 2:00 – 3:30 MKC Store 6:15 Canasta Games, C.R.</p>	<p>26</p> <p>9:30 – 10:30 Coloring, P.B.R. 1:30 Ice Cream, C.R. 1:30 Movie: <i>The Karate Kid</i> Theatre (2h, 20m) 2:00 – 3:00 Afternoon Games, C.R. 6:15 Evening Games, C.R.</p>
<p>27</p> <p>1:30 Spintopia, Theatre 1:30 Ice Cream, C.R. 6:15 Canasta Games, C.R.</p> 	<p>28</p> <p>9:30 Exercise w/ Joan, C.R. 10:00 Bracelet Making, Sign Up Required. P.B.R. 10:00 – 11:00 MKC Store 1:30 Popcorn Day, Front Desk 1:30 Movie: <i>Hubie Halloween</i> Theatre (1h, 43m) 2:00 Bingo, C.R. 2:00 – 3:30 MKC Store 6:15 Canasta Games, C.R.</p>	<p>29</p> <p>9:45 Cardio & Weights, C.R. 1:30 Therapy Dog, L.R. 2:00 Crafty Corner, P.B.R. 2:00 Drumming w/ Ryan, C.R. 6:15 – 8:30 Rummoli, C.R.</p>	<p>30</p> <p>9:45 Brains & Balance, C.R. 9:45 Current Events, P.B.R. 10:00 Needles & Hooks Club, S.R. 10:00 – 11:00 MKC Store 1:15 Cubii Exercise, C.R. 2:00 Men's Shed, C.R. 2:00 Spintopia, Theatre 2:00 – 3:00 MKC Store 6:15 – 8:30 Cribbage, C.R.</p>	<p>31</p> <p>9:45 Brains & Balance, C.R. 1:00 Bean Bag Toss, C.R. 1:15 Yoga, P.B.R. 2:00 Dominos, P.B.R. 2:00 – 3:30 Halloween Costume Party & Happy Hour, D.R. 6:15 Game Night, C.R.</p> 	<p>MKC Recreation Calendar</p>	

C.R. – CARIBOU ROOM | D.R. – DINING ROOM | F.D. – FOX DEN | L.R. – LIVING ROOM | S.R. – SUNROOM | THEATRE (2ND FLOOR) | P.B.R. – POLAR BEAR ROOM (3RD FLOOR) | E.C. – East Courtyard | W.C. – West Courtyard