

Fall Menu Week 5

October 14th - October 20th, 2024

| MONDAY 14 | TUESDAY 15 | WEDNESDAY 16 | THURSDAY 17 | FRIDAY 18 | SATURDAY 19 | SUNDAY 20 |
|---|---|--|--|--|--|---|
| <p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes</p> | <p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Prunes</p> | <p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Bacon Prunes</p> | <p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Pumpkin Spice Pancake Prunes</p> | <p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Scrambled Eggs Prunes</p> | <p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Poached Eggs Ham Prunes</p> | <p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Hard Boiled Eggs Prunes</p> |
| <p>Tomato Rice (GF-DF)</p> <p>Brandon's Famous Burger Beef Burger, Candied Bacon Cheddar, Sauteed Onion French Fries</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Ice Cream</p> | <p>Swiss Onion (GF)</p> <p>Spring Roll Salad Lettuce, Cabbage, Carrot, Peppers Rice Noodle, Peanuts, Cilantro, Mint Spring Rolls, Cucumber Ginger Soy Dressing</p> <p>...or...</p> <p>Egg Salad Sandwich</p> <p>Cookie</p> | <p>Cabbage Roll Soup (GF-DF)</p> <p>Ham & Swiss on a Pretzel Bun Cranberry Mayo, Lettuce, Red Onion Cucumber Salad</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Pudding</p> | <p>Chicken Vegetable (GF-DF)</p> <p>Eggs Benedict Ham, Hollandaise Hash Browns</p> <p>...or...</p> <p>Salmon Salad Sandwich</p> <p>Rhubarb Crumble Cake</p> | <p>Creamy Mushroom & Turkey (GF)</p> <p>Loaded Hot Dog Saurkraut, Bacon Bits, Cheddar, Onion Sweet Potato Fries Dill Pickle</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Jell-O</p> | <p>Beef Barley (DF)</p> <p>Tuna & Apple Salad Sandwich Tuna, Apple, Dill, Celery, Green Onion Veggies & French Onion Dip</p> <p>...or...</p> <p>Deli Turkey & Lettuce Cranberry Mayo, Red Onion</p> <p>Blueberry Pie Tarts</p> | <p>Seafood Chowder (GF)</p> <p>BBQ Chicken Flatbread BBQ Sauce, Chicken, Pineapple Peppers, Onions, Mozzarella Cheese Cantaloupe</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Puffed Wheat Cake</p> |
| <p>Linguini & Prawn Pesto Cream Sauce Pesto Cream sauce, Prawns, Garlic Toast Side Salad Gluten Free Pasta Available</p> <p>...or...</p> <p>Chicken Caesar Salad (GF) Lettuce, Chicken, Bacon, Parmesan Croutons, Caesar Dressing Garlic Toast</p> <p>Roll, Tomato Juice</p> <p>Apple Crisp</p> | <p>Grilled Oktoberfest Sausage Braised Cabbage & Bacon Boiled Potato Sauteed Onion</p> <p>...or...</p> <p>Cinnamon Bun French Toast Apple & Raisin Sauce Icing Glaze</p> <p>Roll, Tomato Juice</p> <p>Oreo Cheesecake</p> | <p>Beef Bourguignons Roasted Root Vegetables Mashed Potato</p> <p>...or...</p> <p>Seafood Fisherman Pie Puff Pastry Topper Dilled Carrots Gluten Free Stew Available</p> <p>Roll, Tomato Juice</p> <p>Banana Cake Brown Butter Icing</p> | <p>Sweet & Sour Chicken Balls Steamed Broccoli Vegetable Chow Mein Gluten Free Chicken Available</p> <p>...or...</p> <p>Spanakopita Side Greek Salad Tzatziki Sauce</p> <p>Roll, Tomato Juice</p> <p>Peanut Butter Pie</p> | <p>Fish & Chips Tempura Fried Pickarel Tartar Sauce French Fries Gluten Free Fish Available</p> <p>...or...</p> <p>Korean Pork Burger Mayo, Lettuce, Tomato, Red Onion French Fries</p> <p>Roll, Tomato Juice</p> <p>Chocolate Panna Cotta</p> | <p>Beef Chili Garlic Breadstick Side Salad</p> <p>...or...</p> <p>Baked Cheese Agnolotti Past Tomato Sauce, Mozzarella, Parmesan Garlic Breadstick Side Salad</p> <p>Roll, Tomato Juice</p> <p>Pineapple Cake</p> | <p>Roasted Pork Loin (GF-DF) Garden Vegetables Mashed Potatoes Gravy Apple Sauce</p> <p>Roll, Tomato Juice</p> <p>Cherry Pie</p> |

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.

• Menus may be changed due to product availability and shortages which are out of our control.