

Fall Menu Week 5 (2)

November 18th - November 24th, 2024

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21	FRIDAY 22	SATURDAY 23	SUNDAY 24
<p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Bacon Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Pumpkin Spice Pancake Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Scrambled Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Poached Eggs Ham Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Hard Boiled Eggs Prunes</p>
<p>Tomato Rice (GF-DF)</p> <p>Chicken Bacon Burger Crispy Chicken Burger, Candied Bacon Mayo, Cheddar, Pickled Red Onion French Fries</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Ice Cream</p>	<p>Swiss Onion (GF)</p> <p>Spring Roll Salad Lettuce, Cabbage, Carrot, Peppers Rice Noodle, Peanuts, Cilantro, Mint Spring Rolls, Cucumber Ginger Soy Dressing</p> <p>...or...</p> <p>Egg Salad Sandwich</p> <p>Cookie</p>	<p>Cabbage Roll Soup (GF-DF)</p> <p>Turkey &amp; Swiss On Rye Cranberry Mayo, Lettuce, Red Onion Creamy Cucumber Salad</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Pudding</p>	<p>Vegetable Rice (GF-DF)</p> <p>Eggs Benedict Ham, Hollandaise Shredded Hashbrowns</p> <p>...or...</p> <p>Salmon Salad Sandwich</p> <p>Wild berry Coffee Cake</p>	<p>Creamy Mushroom &amp; Turkey (GF)</p> <p>Loaded Hot Dog Sauerkraut, Bacon Bits, Cheddar, Onion Sweet Potato Fries Dill Pickle</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Jell-O</p>	<p>Beef Barley (DF)</p> <p>Tuna &amp; Apple Salad Sandwich Tuna, Apple, Dill, Celery, Green Onion Veggies &amp; French Onion Dip</p> <p>...or...</p> <p>Ham &amp; Lettuce Dijon Mayo, Red Onion</p> <p>Blueberry Pie Tarts</p>	<p>Seafood Chowder (GF)</p> <p>BBQ Veggie Flatbread Garlic Butter, Cherry Tomato, Feta broccoli, Asparagus, Peppers, Onions Mozzarella Cheese, Balsamic Drizzle</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Puffed Wheat Cake</p>
<p>Beef Lasagna Garlic Breadstick Side Salad Gluten Free Pasta &amp; Ceram Sauce Available</p> <p>...or...</p> <p>Chicken Caesar Salad (GF) Lettuce, Chicken, Bacon, Parmesan Croutons, Caesar Dressing Garlic Toast</p> <p>Roll, Tomato Juice</p> <p>Apple Crisp</p>	<p>Breaded Pork Cutlet (DF) Braised Cabbage &amp; Bacon Boiled Potato Sautéed Onion Beef Gravy Gluten Free Pork Available</p> <p>...or...</p> <p>Cinnamon Bun French Toast Apple &amp; Raisin Sauce Icing Glaze</p> <p>Roll, Tomato Juice</p> <p>Cheesecake Night!</p>	<p>Beef Stroganoff (GF-DF) Sour Cream Dill Mushrooms Roasted Root Vegetables Mashed Potato Dairy Free Beef Available</p> <p>...or...</p> <p>Seafood Fisherman Pie Roasted Root Vegetables Dilled Carrots Gluten Free Stew Available</p> <p>Roll, Tomato Juice</p> <p>Banana Cake Brown Sugar Icing</p>	<p>Chicken Adobo Drumsticks (DF) Steamed Broccoli Vegetable Pancit Gluten Free Chicken Available</p> <p>...or...</p> <p>Spanakopita Side Greek Salad Tzatziki Sauce</p> <p>Roll, Tomato Juice</p> <p>Peanut Butter Pie</p>	<p>Fish &amp; Chips Tempura Fried Pickrel Tartar Sauce French Fries Gluten Free Fish Available</p> <p>...or...</p> <p>Turkey Chili (GF-DF) Garlic Breadstick Side Salad</p> <p>Roll, Tomato Juice</p> <p>Chocolate Panna Cotta</p>	<p>Baked Maple Mustard Chicken Maple Mustard Glaze Butter Roasted Turnip Mashed Potato</p> <p>...or...</p> <p>Rice &amp; Onion Cabbage Rolls in a Tomato Sauce Butter Roasted Turnip Mashed Potato</p> <p>Roll, Tomato Juice</p> <p>Pineapple Cake</p>	<p>Bacon Pork Tenderloin (GF-DF) Garden Vegetables Mashed Potatoes Gravy Apple Sauce</p> <p>Roll, Tomato Juice</p> <p>Cherry Pie</p>

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.
- Menus may be changed due to product availability and shortages which are out of our control.