

Winter Menu Week 3

January 13th - January 19th, 2025

MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17	SATURDAY 18	SUNDAY 19
<p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Sausage Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Scrambled Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Banana Chocolate Pancake Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Scrambled Eggs Ham Prunes</p>	<p>Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Prunes</p>
<p>Tomato Basil (GF-DF)</p> <p>BBQ Beef Burger Cheddar, Fried Onion, Garlic Mayo French Fries</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Ice Cream</p>	<p>Lentil Soup (GF-DF)</p> <p>Pizza Sub Salami, Pepperoni, Pizza Sauce Mozzarella, Red Onion Salted Potato Chips</p> <p>...or...</p> <p>Tuna Salad Sandwich</p> <p>Cookies</p>	<p>Beef Noodle (DF)</p> <p>Chicken Quesadilla Chicken, Cheese, Green Onion Sour Cream, Salsa</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Cheesecake Cupcakes</p>	<p>Lemon Chicken (GF-DF)</p> <p>Fried Eggs & Beans Fresh Tomato Slices Shredded Hashbrowns Choice Of Toast</p> <p>...or...</p> <p>Ham Salad Sandwich</p> <p>Jell-O</p>	<p>Swiss Onion Soup (GF)</p> <p>Grilled Monte Cristo Sandwich Ham, Turkey, Cheese, Dipped in Egg Marinated Carrot Salad</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Strawberry Mousse</p>	<p>Goulash (GF-DF)</p> <p>Egg Salad Croissant Alfalfa sprouts, Tomato, Red Onion Fresh Fruit Salad Cottage Cheese</p> <p>...or...</p> <p>Cucumber Sandwich Herb & Garlic Cream Cheese</p> <p>Butter Tart</p>	<p>Clam Chowder (GF)</p> <p>Toasted BLT Sandwich Creamy Coleslaw Dill Pickle</p> <p>...or...</p> <p>MKC Cold Plate</p> <p>Mandarin Oranges With Whip Cream</p>
<p>Chicken Lasagna Cream Sauce, Spinach, Chicken, Mozza Side Salad Garlic Breadstick</p> <p>...or...</p> <p>Wieners & Beans Side Salad Garlic Breadstick</p> <p>Brown Sugar Cinnamon Bread Pudding</p>	<p>Honey Garlic Beef Sausage (GF) Onion Gravy (GF-DF) Green Beans Roasted New Potato</p> <p>...or...</p> <p>Orange-Pecan French Toast Orange Cream Sauce Candied Pecans</p> <p>Lemon Meringue Pie</p>	<p>German Pork Stew Roasted Carrots & Turnip Boiled Potato</p> <p>...or...</p> <p>Boiled Cottage Cheese Perogies Dill Cream Sauce</p> <p>Apple Spice Cake</p>	<p>Chicken Souvlaki (GF-DF) Steamed Broccoli Greek Lemon Potato Tzatziki Sauce</p> <p>...or...</p> <p>"Moussaka" Lasagna Eggplant, Potato, Meat Sauce Cream Sauce, Parmesan Cheese Greek Lemon Potato</p> <p>Banana Cream Pie</p>	<p>Mediterranean Pickerel (GF-DF) Tomato, Olive, Caper Sauce Buttered Peas Brown Rice Pilaf</p> <p>...or...</p> <p>Lentil & Chickpea Curry Buttered Peas Brown Rice Pilaf</p> <p>Berry Apple Crumble</p>	<p>Beef & Vegetable Stew Boiled Potato Fresh Baked Focaccia Bread</p> <p>...or...</p> <p>Fall Harvest Salad Lettuce, Roasted Squash, Pear, Feta Apple, Candied Nuts, Toasted Seeds Grapes, Mandarin Oranges Poppyseed Dressing</p> <p>Pineapple Upside Down Cake</p>	<p>Oven Roasted Turkey Mashed Rutabaga Buttered Carrots Mashed Potato Turkey Gravy</p> <p>Apple Pie & Ice Cream</p>

GF = Gluten Free

DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.
- Menus may be changed due to product availability and shortages which are out of our control.