

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2025

"The new year stands before us, like a chapter in a book, waiting to be written."

Happy New Year

OFFICE IS CLOSED

6:15 – 8:30 Cribbage, C.R.

1

9:45 Brains & Balance, C.R.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
2:00 Dominos, P.B.R.
2:30 – 3:30 Happy Hour, C.R.
6:15 Game Night, C.R.



2

8:30 50/50 Ticket Sales, Front Desk
9:30 Women's Coffee, P.B.R.
10:00 – 11:00 MKC Store
2:00 Music w/ André Viallet, D.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

3

9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
1:30 Movie: *Mrs. Doubtfire*, Theatre (2h, 5m)
2:00 – 3:00 Afternoon Games, C.R.
6:15 Evening Games, C.R.

4

1:30 Anglican Service, C. R.
1:30 Wii Bowling, Theatre
6:15 Canasta Games, C.R.



5

9:30 Exercise w/ Joan, C.R.
10:00 "Just Like Family" Health Care Presentation, Theatre
10:00 – 11:00 MKC Store
1:30 Popcorn Day, Front Desk
1:30 Movie: *Last Holiday*, Theatre (1h, 52m)
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

6

9:45 Cardio & Weights, C.R.
10:00 Music & Coffee, Café
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
6:15 – 8:30 Rummoli, C.R.

7

9:30 Exercise w/ Joan, C.R.
9:45 Current Events, P.B.R.
10:00 Needles & Hooks Club, S.R.
10:00 – 11:00 MKC Store
1:15 Cubii Class, C.R.
2:00 – 3:00 MKC Store
2:00 Men's Shed, C.R.
6:15 – 8:30 Cribbage, C.R.

8

9:45 Brains & Balance, C.R.
10:00 Let's Paint, C.R.
10:00 Resident Meeting, D.R.
1:00 Bean Bag Toss, C.R.
1:30 Food for Thought, D.R.
1:30 Yoga, C.R.
2:00 Dominos, P.B.R.
2:30 – 3:30 Happy Hour, C.R.
6:15 Game Night, C.R.

9

10:00 – 11:00 Cardingo, C.R.
10:00 – 11:00 MKC Store
2:00 Music w/ Connor, D.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

10

9:30 – 10:30 Colouring, P.B.R.
2:00 – 3:00 Afternoon Games, C.R.
6:15 Evening Games, C.R.



11

1:30 Spintopia, Theatre
1:30 Ice Cream, C.R.
2:30 Salvation Army Service, C.R.
6:15 Canasta Games, C.R.



12

9:30 Exercise w/ Joan, C.R.
10:00 – 11:00 MKC Store
10:00 Nail Trimming w/ Leyla, F.D
10:00 Bracelet Making, P.B.R.
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

13

9:45 Cardio & Weights, C.R.
10:00 Music & Coffee, Café
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
6:15 – 8:30 Rummoli, C.R.

14

9:30 Exercise w/ Joan, C.R.
9:45 Bible Study, P.B.R.
10:00 Needles & Hooks Club, S.R.
10:00 – 11:00 MKC Store
1:15 Cubii Class, C.R.
1:30 Ice Cream, C.R.
2:00 Cardingo, C.R.
2:00 – 3:00 MKC Store
6:15 – 8:30 Cribbage, C.R.

15

9:45 Brains & Balance, C.R.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
1:30 Yoga, C.R.
2:00 Dominos, P.B.R.
2:30 – 3:30 Happy Hour, C.R.
6:15 Game Night, C.R.

16

9:30 Women's Coffee, P.B.R.
10:00 – 11:00 MKC Store
2:00 Music w/ B-Side Apostles, D.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

17

9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
1:30 Movie: *The Six Triple Eight*, Theatre (2h, 9m)
2:00 – 3:00 Afternoon Games, C.R.
6:15 Evening Games, C.R.



18

1:30 Wii Bowling, Theatre
6:15 Canasta Games, C.R.



19

9:30 Exercise w/ Joan, C.R.
10:00 Global Connection Boutique, Sunroom
10:00 – 11:00 MKC Store
1:30 Popcorn Day, Front Desk
1:30 Movie: *Spy*, Theatre (2h)
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

20

9:45 Cardio & Weights, C.R.
10:00 Music & Coffee, Café
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
2:00 Birthday Bash, D.R.
6:15 – 8:30 Rummoli, C.R.

21

9:30 Exercise w/ Joan, C.R.
9:45 Current Events, P.B.R.
10:00 Needles & Hooks Club, S.R.
10:00 Perogy Making, Sign up Required, D.R.
10:00 – 11:00 MKC Store
1:15 Cubii Class, C.R.
2:00 – 3:00 MKC Store
2:00 Men's Shed, C.R.
6:15 – 8:30 Cribbage, C.R.

22

9:45 Brains & Balance, C.R.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
1:30 Yoga, C.R.
2:00 Dominos, P.B.R.
2:30 – 3:30 Happy Hour, C.R.
6:15 Game Night, C.R.

23

10:00 – 11:00 Cardingo, C.R.
10:00 – 11:00 MKC Store
2:00 Music w/ Scott McPherson D.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

24

9:30 – 10:30 Colouring, P.B.R.
2:00 – 3:00 Afternoon Games, C.R.
6:15 Evening Games, C.R.



25

1:30 Spintopia, Theatre
1:30 Ice Cream, C.R.
6:15 Canasta Games,

26

9:30 Exercise w/ Joan, C.R.
10:00 – 11:00 MKC Store
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

27

9:45 Cardio & Weights, C.R.
10:00 Music & Coffee, Café
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
6:15 – 8:30 Rummoli, C.R.

28

9:30 Exercise w/ Joan, C.R.
9:45 Bible Study, P.B.R.
10:00 Needles & Hooks Club, S.R.
10:00 – 11:00 MKC Store
1:15 Cubii Class, C.R.
1:30 Ice Cream, C.R.
2:00 Cardingo, C.R.
2:00 – 3:00 MKC Store
6:15 – 8:30 Cribbage, C.R.

29

9:45 Brains & Balance, C.R.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
1:30 Yoga, C.R.
2:00 Dominos, P.B.R.
2:30 – 3:30 Happy Hour, C.R.
6:15 Game Night, C.R.

30

9:30 Women's Coffee, P.B.R.
10:00 – 11:00 MKC Store
2:00 Music w/ Prairie Joggers, D.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

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Chinese New Year (Year of the Snake)

C.R. – CARIBOU ROOM | D.R. – DINING ROOM | F.D. – FOX DEN | L.R. – LIVING ROOM | S.R. – SUNROOM | THEATRE (2ND FLOOR) | P.B.R. – POLAR BEAR ROOM (3RD FLOOR)