| Toast Milk, Coffee, Tea, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes | Toast Milk, Coffee, Tea, Juice Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Ham Prunes | Toast Milk, Coffee, Tea, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Prunes | Toast Milk, Coffee, Tea, Juice Oatmeal Dry Cereal Yogurt Parfait Toasted English Muffins Prunes | Toast Milk, Coffee, Tea, Juice Oatmeal, Cream of Wheat Dry Cereal Yogurt Parfait Poached Eggs Sausage Prunes |
|--|---|--|---|---|
| Beet Borscht (GF-DF) | Beef Barley (DF) | Tomato Rice (GF-DF) | Chicken Noodle (DF) | Potato Dill (GF) |
| Loaded Cheeseburger Beef Burger, Bacon, Fried Onion Cheddar Cheese | Toasted Pizza Sub Mozza, Pepperoni, Pizza Sauce Caramelized Onion | Mediterranean Pasta Salad Cheese Tortellini, Feta, Cucumber, Onion ettuce, Chickpea, Olives, Peppers, Tomat | Toasted Denver Sandwich Ham and Green Onions Hashbrowns | Cream Cheese & Strawberry Croissant Sandwich Spinach & Blueberry Salad |

WEDNESDAY 23

Lemon Herb Dressing

....or....

MKC Cold Plate

Pistachio Pudding

Mongolian Braised Pork (GF-DF)

TUESDAY 22

Dill Pickle

...or...

Egg Salad Sandwich

Cookie

Oven Roasted Chicken Breast

Spring Menu Week 5

THURSDAY 24

Pickled Beets

....or....

Tuna Salad Sandwich

Peach Melba

with vanilla ice cream, raspberry sauce)

Cottage Cheese Perogies

FRIDAY 25

....or....

MKC Cold Plate

Vanilla Panna Cotta

Oven Baked Salmon

| Garlic Breadstick Side Salad | Fresh Mango Salsa Buttered Carrots Steamed New Potato | Steamed Broccoli Boiled Potato | In Dill Cream Sauce Farmers Sausage Green Beans | Chimichurri Sauce Buttered Peas Brown Rice Pilaf |
|--|--|---|--|---|
| or | or | or | or | or |
| Wieners & Beans (GF-DF) Garlic Breadstick Side Salad | Chocolate Chip Banana Pancake Fresh Sliced Banana Whip Cream | Spanakopita Tzatziki Sauce Side Salad | Chicken Caesar Salad Marinated Chicken, Bacon, Croutons Parmesan Cheese, Caesar Dressing Garlic Bread | Vegetable Spring Rolls Buttered Peas Brown Rice Pilaf Plum Sauce |
| Roll, Tomato Juice | Roll, Tomato Juice | Roll, Tomato Juice | Roll, Tomato Juice | Roll, Tomato Juice |
| Maple Raisin Rice Pudding | Apple Rhubarb Crumble | Chocolate Cream Pie | Blueberry Cake | Black & White Cake |

GF = Gluten Free

April 21st - April 27th, 2024

MONDAY 21

Onion Rings

...or...

MKC Cold Plate

Ice Cream

Spaghetti & Turkey Meat Sauce

DF = Dairy Free

• All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!

• Apples, oranges, and Bananas are available at each meal only as a dessert substitute.

• Menus may be changed due to product availability and shortages which are out of our control.

| SUNDAY 27 | | |
|-----------------------------|--|--|
| | | |
| Toast | | |
| Milk, Coffee, Tea, Juice | | |
| Oatmeal, Sunny Boy Cereal | | |
| Dry Cereal | | |
| Yogurt Parfait | | |
| Hard Boiled Eggs | | |
| Prunes | | |
| | | |
| | | |
| Ham Split Pea (GF-DF) | | |
| Grilled Cheese & Bacon | | |
| Potato Salad | | |
| Bread & Butter Pickles | | |
| | | |
| | | |
| or | | |
| MKC Cold Plate | | |
| | | |
| | | |
| Butter Tart | | |
| | | |
| | | |
| Oven Roasted Turkey (GF-DF) | | |
| Steamed Rutabaga | | |
| Mashed Potato | | |
| Turkey Gravy | | |
| Cranberry Sauce | | |
| Granberry Sauce | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| Roll, Tomato Juice | | |
| | | |
| Pecan Pie | | |
| | | |