

Summer Menu 3						
July 13th - July 19th, 2026						
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17	SATURDAY 18	SUNDAY 19
Toast Milk, Coffee, Juice, Tea Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Fried Eggs Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Scrambled Eggs Ham Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Waffles, Strawberry Sauce Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal Dry Cereal Yogurt Parfait Scrambled Eggs Bacon Prunes	Toast Milk, Coffee, Juice, Tea Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Prunes
Chicken Noodle (DF) Whistle Dog Relish, Bacon, All Beef Hot Dog Cheddar Cheese Onion Rings ...or... MKC Cold Plate Chef's Choice	Tomato Basil (GF-DF) Grilled Cheese & Tomato Sandwich Cheddar Cheese, White Bread, Tomato Creamy Coleslaw Dill Pickle ...or... Egg Salad Sandwich Cookies	Potato Dill (GF) Chicken Salad Croissant Fresh Baked Croissant, Lettuce Apple & Pear Salad ...or... MKC Cold Plate Pudding	Mexican Bean (GF-DF) Cheese Omelette Breakfast Sausages Fried Hashbrowns Choice of Toast ...or... Tuna Salad Sandwich Jell - O	Creamy Vegetable (GF) BBQ Beef Riblette on a Bun White Roll, Dill Pickle, BBQ Sauce Ranch Pasta Salad ...or... MKC Cold Plate Fruit Cocktail	Lemon Chicken (GF-DF) Pulled Pork Quesadilla Cheese, Pulled Pork, Green Onion Pickled Green Bean Salad ...or... Turkey Salad Sandwich Coffee Cake	Broccoli & Cheddar (GF) Salmon & Potato Pie Side Salad Diced Peaches ...or... MKC Cold Plate Assorted Dainties
White Chicken Lasagna Alfredo Sauce, Chicken, Mozza Garlic Breadstick Side Salad ...or... Iceburg Wedge Salad Bacon, Blue Cheese, Iceburg Wedge Cherry Tomato, Balsamic Reduction Blue Cheese Dressing Garlic Breadstick Roll, Tomato Juice Fresh Fruit Tart	Swedish Beef Meatballs Honey Glazed Carrots Mashed Potato Beef Gravy ...or... Blueberry Baked French Toast Cream Cheese Drizzle Whip Cream Bacon Roll, Tomato Juice Stewed Rhubarb & Vanilla Ice Cream	Bacon Wrapped Pork Tenderloin Grilled Pineapple Rings Asparagus Casserole Baked Potato Sour Cream ...or... Roasted Red Pepper & Basil Frittata Peppers, Basil, Egg, Mozzarella Cheese Asparagus Casserole Baked Potato Sour Cream Roll, Tomato Juice Apple Cinnamon Bread Pudding	Asian Cuisine Night!! Chicken Balls (GF-DF) Sweet & Sour Sauce Steamed Broccoli Vegetable Chow Mein Spring Rolls Plum Sauce Gluten Free Chicken Available Roll, Tomato Juice Strawberry Shortcake	Lemon Pepper Sole (GF-DF) Braised Turnips Jasmine Rice ...or... Butter Chicken Braised Turnips Jasmine Rice Roll, Tomato Juice Peach & Apricot Crisp	Chicken Kieve Corn on the Cob Steamed Red Skin Potato Gluten/Dairy Free Chicken Available ...or... Cheese Ravioli & Marinara Sauce Garlic Breadstick Roll, Tomato Juice Coconut Rice Pudding	Herb Roasted Pork Loin Mashed Rutabaga Mashed Potato, Gravy Apple Sauce Roll, Tomato Juice Blueberry Pie

GF = Gluten Free
 DF = Dairy Free

- All Sandwiches Can Be Made GLUTEN FREE. Bring your bread in!!!
- Apples, oranges, and Bananas are available at each meal only as a dessert substitute.
- Menus may be changed due to product availability and shortages which are out of our control.