

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2026



1
9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
1:30 Movie: *Forever My Girl*
Theatre (1h, 47m)
2:00 – 3:00 Afternoon Games, C.R.
6:15 Canasta, C.R.



2
1:30 Wii Bowling, Theatre
1:30 Ice Cream, C.R.
1:30 Anglican Church Service, C.R.
6:15 Canasta, C.R.



OFFICE IS CLOSED
3
1:30 Movie: *Ladder 49*
Theatre (1h 55m)
6:15 Canasta Games, C.R.

4
9:45 Arms & Legs Exercise, C.R.
10:00 Music & Coffee, Café
10:00 – 11:00 MKC Store
1:00 Tie Dye Socks, P.B.R.
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
2:00 – 3:30 MKC Store
6:15 – 8:30 Crokinole & Rummoli, C. R.



5
9:30 Balls & Band Exercise, C.R.
10:00 Coffee & Conversation, C.Y.
10:00 Needles & Hooks Club, L.R.
10:00 – 11:00 MKC Store
1:00 Afternoon Shenanigans, C.Y.
2:00 – 3:00 MKC Store
6:15 – 8:30 Cribbage, C.R.

6
9:45 Brains & Balance, C.R.
10:00 Hymn Time w/ John Wiebe, PBR
10:00 Coffee & Conversation, C.Y.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
1:00 Yoga, P.B.R.
2:00 Dominos, P.B.R.
2:00 MLA Logan Oxenham, Cafe
2:30 – 3:30 Happy Hour, C.R.
6:15 Canasta & Crokinole, C.R.

7
8:30 50/50 Ticket Sales, Front Desk
10:00 Cardingo, C.R.
10:00 – 11:00 MKC Store
2:00 – 3:30 MKC Store
2:00 Music w/ Tanis Tyler, D.R.
6:15 Canasta, C. R.

8
9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
2:00 – 3:00 Afternoon Games, C.R.
6:15 Canasta, C.R.



9
1:30 Wii Bowling, Theatre
6:15 Canasta, C. R.

10
10:00 – 11:00 MKC Store
10:00 Coffee & Conversation, C.Y.
2:00 Bingo, C.R.
2:00 Wildlife Haven Presentation, D.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

11
9:45 Arms & Legs Exercise, C.R.
10:00 Music & Coffee, Café
10:00 – 11:00 MKC Store
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
2:00 – 3:30 MKC Store
6:15 – 8:30 Crokinole & Rummoli, C. R.

12
9:30 Balls & Band Exercise, C.R.
10:00 Needles & Hooks Club, L.R.
10:00 Coffee & Conversation, C.Y.
10:00 – 11:00 MKC Store
2:00 – 3:00 MKC Store.
2:00 MKC Picnic, C.Y.
6:15 – 8:30 Cribbage, C.R.



13
10:00 Resident Meeting, D.R.
10:30 Food for Thought, D.R.
10:30 Let's Paint, C.R.
1:00 Yoga, P.B.R.
1:00 Bean Bag Toss, C.R.
2:00 Dominos, P.B.R.
2:00 Henna Tattoo, C.Y.
2:30 – 3:30 Happy Hour, C.R.
6:15 Canasta & Crokinole, C.R.

14
9:30 Women's Coffee, P.B.R.,
10:00 – 11:00 MKC Store
2:00 Music w/ B-Side Apostles, D.R.
2:00 – 3:30 MKC Store
6:15 Canasta, C. R.



15
9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
1:30 Movie: *Never Change*
Theatre (1h, 43m)
2:00 – 3:00 Afternoon Games, C.R.
6:15 Canasta, C.R.

16
1:30 Wii Bowling, Theatre
1:30 Ice Cream, C.R.
6:15 Canasta, C.R.



17
10:00 Music Bingo, P.B.R.
10:00 – 11:00 MKC Store
1:30 Catholic Church Service, PBR
1:30 Popcorn Day, Front Desk
1:30 Movie: *Sully*, Theatre (1h 35m)
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

18
9:45 Arms & Legs Exercise, C.R.
10:00 Music & Coffee, Café
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 Drumming w/ Ryan, C.R.
2:00 Summer Beach Birthday Bash & Bonfire Party, C.Y.
6:15 – 8:30 Crokinole & Rummoli, C. R.

19
9:30 Balls & Band Exercise, C.R.
10:00 Coffee & Conversation, C.Y.
10:00 Needles & Hooks Club, L.R.
10:00 Global Connection Boutique, S.R.
10:00 – 11:00 MKC Store
1:00 Afternoon Shenanigans, C.Y.
2:00 – 3:00 MKC Store
2:15 Travel to Mexico, P.B.R.
6:15 – 8:30 Cribbage, C.R.

20
9:45 Brains & Balance, C.R.
10:00 Hymn Time w/ John Wiebe, PBR
10:00 Coffee & Conversation, C.Y.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
1:00 Yoga, P.B.R.
2:00 Dominos, P.B.R.
2:30 – 3:30 Happy Hour, C.R.
6:15 Canasta & Crokinole, C.R.

21
10:00 Cardingo, C.R.
10:00 – 11:00 MKC Store
2:00 – 3:30 MKC Store
2:00 MKC Blizzard Ice Cream Party D.R.
6:15 Canasta, C.R.



22
9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
2:00 – 3:00 Afternoon Games, C.R.
6:15 Canasta, C.R.



23
1:30 Ice Cream, C.R.
6:15 Canasta Games, C.R.

24
10:00 – 11:00 MKC Store
10:00 Coffee & Conversation, C.Y.
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.



25
9:45 Arms & Legs Exercise, C.R.
10:00 Music & Coffee, Café
10:00 – 11:00 MKC Store
1:30 Therapy Dog, L.R.
2:00 Crafty Corner, P.B.R.
2:00 – 3:30 MKC Store
6:15 – 8:30 Crokinole & Rummoli, C. R.

26
9:30 Balls & Band Exercise, C.R.
10:00 Coffee & Conversation, C.Y.
10:00 Needles & Hooks Club, L.R.
10:00 – 11:00 MKC Store
2:00 – 3:00 MKC Store.
2:30 Cardingo, C.R.
6:15 – 8:30 Cribbage, C.R.

27
9:45 Brains & Balance, C.R.
10:00 Hymn Time w/ John Wiebe, PBR
10:00 Coffee & Conversation, C.Y.
10:30 Let's Paint, C.R.
1:00 Bean Bag Toss, C.R.
1:00 Yoga, P.B.R.
2:00 Dominos, P.B.R.
2:00 MKC Coffee Shop "Drive Thru", C.Y. Weather Permitting
2:30 – 3:30 Happy Hour, C.R.
6:15 Canasta & Crokinole, C.R.

28
9:30 Women's Coffee, P.B.R.,
10:00 Walker Wash, C.Y.
10:00 – 11:00 MKC Store
2:00 – 3:30 MKC Store
2:00 Music w/ Lord Selkirk
Pipe Band, Courtyard
6:15 Canasta, C. R.

29
9:30 – 10:30 Colouring, P.B.R.
1:30 Ice Cream, C.R.
1:30 Movie: *Code 3*
Theatre (1h, 39m)
2:00 – 3:00 Afternoon Games, C.R.
6:15 Canasta, C.R.

30
1:30 Wii Bowling, Theatre
1:30 Mennonite Church Service, CR
6:15 Canasta, C. R.



31
10:00 – 11:00 MKC Store
10:00 Coffee & Conversation, C.Y.
1:30 Popcorn Day, Front Desk
1:30 Movie: *The Boy who Harnessed The Wind*, Theatre (1h 53m)
2:00 Bingo, C.R.
2:00 – 3:30 MKC Store
6:15 Canasta Games, C.R.

"Stay active, cherish friendships, and make every day a little brighter."

C.R. - CARIBOU ROOM | D.R. - DINING ROOM | F.D. - FOX DEN | L.R. - LIVING ROOM | S.R. - SUNROOM | THEATRE (2ND FLOOR) | P.B.R. - POLAR BEAR ROOM (3RD FLOOR) | C.Y. - COURTYARD