

September 14th - September 20th, 2026

Fall Menu Week 1

MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18	SATURDAY 19	SUNDAY 29
Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Scrambled Eggs Bacon Prunes	Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Toasted Bagel - Cream Cheese Prunes	Toast Milk, Coffee, Juice Oatmeal, Cream Of Wheat Dry Cereal Yogurt Parfait Scrambled Eggs Sausage Prunes	Toast Milk, Coffee, Juice Oatmeal Dry Cereal Yogurt Parfait Poached Eggs Prunes	Toast Milk, Coffee, Juice Oatmeal, Sunny Boy Cereal Dry Cereal Yogurt Parfait Hard Boiled Eggs Prunes
Tomato Leek (GF-DF) Turkey Burger Mayo, Lettuce, Tomato Side Ceasar Salad ...or... MKC Cold Plate Ice Cream	Lemon Rice (GF-DF) BBQ Beef Riblette Beef Riblette, BBQ Sauce White Dinner Roll, Dill Pickle Pickled Beets ...or... Egg Salad Sandwich Cookies	Creamy Potato (GF) Crispy Popcorn Shrimp & Fries Cocktail Sauce ...or... MKC Cold Plate Pudding	Italian Wedding (GF) Meat lovers Breakfast Pizza Ham, Bacon, Sausage, Green Onions Scrambled Egg, Mozzarella, Hollandais Fried Hashbrowns ...or... Tuna Salad Sandwich Peanut Butter Marshmallow Square	Dill Pickle Soup (GF) Grilled Rueben Sandwich Potato Salad Dill Pickle ...or... MKC Cold Plate Jell-O	Hamburger Soup (GF-DF) Toasted Turkey Clubhouse Bacon, Cheese, Lettuce, Tomato Deli Turkey, Mayo, Rye Bread Creamy Cucumber Salad ...or... Salami & Cheese Sandwich Butter Tart	Cauliflower & Cheese (GF) Fresh Fruit & Croissant Plate Bacon Cottage Cheese ...or... Roast Beef on Rye Sandwich Banana Bread
Baked Mac & Cheese Side Salad Garlic Toast ...or... Tuna Niçoise Salad (GF-DF) Tuna, Olives, Egg, Potato, Cucumber Tomato, Green Bean, Red Wine Dijon Vinaigrette Roll, Tomato Juice Ambrosia Salad	Braised Chicken Cacciatore (GF-DF) Chicken Thigh, Tomato & Pepper Sauce Green Peas Buttered Egg Noodles ...or... Fresh Blueberry Pancakes Vanilla Greek Yogurt Drizzle House Made Granola Roll, Tomato Juice Apple Crisp	Breaded Pork Cutlet (DF) Creamed Corn Boiled Potato Gravy Gluten Free Pork Available ...or... Sweet Potato & Braised Beef Pot Pie Creamed Corn Boiled Potato Gravy Roll, Tomato Juice Raisin Rice Pudding	Breaded Beef Liver (DF) Roasted Root Vegetables Mashed Potato Gravy Gluten Free Liver Available ...or... Potato & Cheddar Perogies Roasted Root Vegetables Sour Cream Roll, Tomato Juice Pumpkin Cake w/ Whip Cream	Southern Fried Haddock (GF-DF) Steamed Broccoli Jasmine Rice Tartar Sauce Gluten Free Fish Available ...or... Beef Stew with Bamboo Shoots (GF-DF) Steamed Broccoli Jasmine Rice Roll, Tomato Juice Vanilla Ice Cream & Rhubarb Sauce	Beef Shepherds Pie Rich Beef, Peas & Carrots, Mash Potatoes Side Salad ...or... Autumn Salad (GF-DF) Lettuce, Apples, Mandarins, Pear Candied Walnut, Roasted Squash Poppy Seed Dressing Roll, Tomato Juice Assorted Cake Night!	Oven Roasted Chicken Supreme Honey Butter Carrots Mashed Potatoes Gravy Roll, Tomato Juice Cherry Pie

GF = Gluten Free
DF = Dairy Free

Apples & Oranges are available at each meal only as a dessert substitute.